



About Me

I'm an Accredited Mental Health Social Worker with AASW and Registered Counsellor with Australian Counselling Association (ACA). I possess qualifications in *Social Work, Counselling, Mental Health, ATODS, Training & Assessment and Community Services.*

I possess over 18 years experience to share as a Supervisor within the fields of:

- Counselling Services (*DV, PTSD, ATODS, Grief and Loss, Self-Esteem, Anxiety, Depression*)
- Aboriginal Mental Health & Cross Cultural Awareness as Koori Woman
- Clinical Management Of Government & Non-Profit Organisations
- Training & Assessment (*Counselling, Community Services, ATODS*)
- Youth, Adult & Forensic Mental Health
- Couples, Family & Veterans Counselling
- Offender Reintegration

Why Skype Counselling

Skype Counselling provides a gateway to reach out to those Australia and Worldwide as it provides a convenient and safe therapeutic space in the convenience of your own home!

Set up is easy; download Skype software free online via this link

<http://www.skype.com/en/download-skype/skype-for-computer> or type Skype Free Download into your Internet Search Provider to download on your device.

Payment

Payment is made before the session, via an online, secure payment system via my website www.completesocialworksolutions.com

Once payment is received I will contact you via email to lock in a preferred timeframe for your session. Please leave me an email address, to contact you regarding session.

Sessions are structured and tailored to your individual needs through a person centred approach.

First Session is offered at a discounted rate of \$25.00 and we together will develop an appropriate treatment plan to address your needs.

Confidentiality

Your confidentiality is paramount and I ensure to develop a safe therapeutic space and sessions are conducted online from my office which is a private room, I communicate via a headset to you, which further ensures your confidentiality.

Enquiries or Bookings

- Website www.completesocialworksolutions.com Click **E-Therapy Special** on Front Page
- Email directly to myself via social_worker@bigpond.com